

# ECOLOGICAL FOOTPRINT

Redefining Progress's Ecological Footprint Analysis measures the amount of renewable and non-renewable ecologically productive **LAND AREA** required to support the resource demands and absorb the wastes of a given population or specific activities.

The Ecological Footprint is an indicator that measures sustainability. Footprints may be measured on individual levels as well as national levels. The index tracks the consumption and waste patterns of individuals, communities, businesses and nations, and has shown that we overuse our planet's natural capital by up to 25%.

Footprint results are expressed in global acres (or global hectares in metric measurement) of biologically productive land.

1 Hectare = 2.5 Acres

